

# November Middle School 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 Barn-3:00-5:00pm  Weight Certification	2 Barn 5-7pm 5-5:45-S/C 5:45-7-W  Weight Certification	3 Barn-3:00-5:00pm  Weight Certification	4 NHSCA Fall Duals Ocean City, MD  Weight Certification	5 NHSCA Fall Duals Ocean City, MD	6 NHSCA Fall Duals Ocean City, MD
7 NHSCA Fall Duals Ocean City, MD	8 Set-Up Mats After School	9 Elementary Come Try It Night 6-7:30pm High School	10 MS/HS Come Try It Night 3-4:30pm High School	11 <b>Girls Come Try It Night 6-7:30pm High School</b>	12	13
14	15 Open Mats 3-4:30@HS	16 Middle School Team Meeting@MS 2:45-4:45	17 HS-Team Meeting Strength Testing  MS may attend @HS	18 Team Meeting Strength Testing Equipment Hand Out  MS may attend @HS	19 1 <sup>st</sup> Day of Practice 2:30-5:00pm	20 <b>Practice 8am-10:30</b>
21	22 Practice 2:30-5:00	23 Practice 2:30-5:00	24 Practice 8-10:30am  L-MS-9:30-10:30	25 Thanksgiving  Turkey Trot-8am	26 Practice 8-10:30  L-HS/MS-8-9:15	27 <b>Scrimmage @Northern</b>
28	29 Practice 6-8pm	30 Practice 2:30-5:00  L-MS-2:45-3:30	1 Practice 2:30-5:00	2 Practice 2:30-5:00  L-MS-2:45-3:30	3 Practice 2:30-5:00	4 <b>Scrimmage</b>  <b>Legends-4pm@CY</b>

**ALL PRACTICES AT THE HIGH SCHOOL**

# December Middle School 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29 Practice 6-8pm	30 Practice 2:30-5:00 L-MS-2:45-3:30	1 Practice 2:30-5:00	2 Practice 2:30-5:00 L-MS-2:45-3:30	3 Practice 2:30-5:00	4 <b>Scrimmage</b>  <b>Legends-4pm@CY</b>
5	6 Practice 2:45-5:30 L-MS-2:45-3:30	7 Practice 2:30-5:00 L-MS-2:45-3:30	8 Practice 2:30-5:00	9 Practice 2:30-5:00 L-MS-2:45-3:30	10 Practice 2:30-5:00	11
12 Practice 6-8pm	13 Home-Eastern York V, JV, G, MS	14 Practice 2:45-5:30 L-MS-2:45-3:30	15 Practice 2:45-5:30 L-MS-2:45-3:30	16 Away-York Suburban V, JV, G, MS	17 Practice-2:45-5:00 L-2:45-3:30	18
19 Practice 6-8pm	20 Away-Northeastern V, JV, G, MS	21 Practice 2:30-5:00 L-MS-2:45-3:30	22 TBD	23 TBD	24 Christmas Eve Run-8am	25 <b>Christmas</b>
26	27 Practices 8-10am 5-7pm L-8-9am/9-10am	28 Girls-Away-GM Practices 8-10am 5-7pm L-8-9am/9-10am	29 Away-Trojan Wars V, JV, G, MS	30 Away-Trojan Wars V, JV, G, MS	31 <b>Practice 8-10am</b> L-8-9am/9-10am	1

**ALL PRACTICES AT THE HIGH SCHOOL**

# January Middle School 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Practice 2:45-5:30 L-MS-2:45-3:30	4 Practice 2:30-5:00 L-MS-2:45-3:30	5 Practice-2:45-5:00	6 Home-Kennard Dale V, JV, G, MS	7 Practice-2:45-5:00 L-MS-4:30-5:00	8 Away-Canner Duals-MS
9	10 Practice 2:45-5:30 L-MS-2:45-3:30	11 Practice 2:30-5:00 L-MS-2:45-3:30	12 Practice-2:45-5:00	13 Away- Susquahannock V, JV, G, MS	14 Practice-2:45-5:00 L-MS-4:30-5:00	15 Home-Gettysburg Duals-V, JV, MS, G
16	17 Practice 2:45-5:30 L-MS-2:45-3:30	18 Practice 2:30-5:00 L-MS-2:45-3:30	19 Practice-2:45-5:00	20 Home-West York V, JV, G, MS	21 Away-Northern-MS	22 Away-Northern-MS
23	24 Practice 2:45-5:30 L-MS-2:45-3:30	25 Practice-2:45-5:00	26 Away-Chambersburg V, JV, G, MS	27 Practice-2:45-5:00	28 Practice-2:45-5:00 L-MS-4:30-5:00 McDonough Duals	29 McDonough Duals
30 McDonough Duals	31 TBD	1 TBD	2 TBD	3 TBD	4 TBD	5 TBD

**ALL PRACTICES AT THE HIGH SCHOOL**

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# February Middle School 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	TBD 31	1 Team Districts TBD	2 TBD	3 Team Districts TBD	TBD 4	Team Districts 5
6	Team States TBD 7	TBD 8	TBD 9	Team States TBD 10	MS@ Wilson Team States 11	MS@ Wilson Team States Youth State Qualifier @Cumberland Valley 12
13 Middle School State Qualifier @Cumberland Valley	TBD 14	TBD 15	TBD 16	TBD 17	Sectionals 18	Sectionals 19
20	TBD 21	TBD 22	TBD 23	TBD 24	Districts 25	<b>Districts</b> 26
27	TBD 28	TBD 1	TBD 2	TBD 3	TBD 4	5

ALL PRACTICES AT THE HIGH SCHOOL

# March Middle School 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		TBD 1	<u>TBD</u> 2	TBD 3	TBD 4	5 Junior High States @Johnstown
6 Junior High States @Johnstown	7	8	9	PIAA States 10	PIAA States 11	12 PIAA States
13 Girls States	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

ALL PRACTICES AT THE HIGH SCHOOL